

*Spa@*  
*The Chrysalis*



*Chrysalis: noun | chry·a·lis |  
“a protecting covering: a sheltered  
state or stage of being or growth.”*

---

*The Spa at The Chrysalis strives to indulge you  
in a transformational experience and our  
expert team will see to your every need.*

To book appointments

360.392.5515

[www.spaatthechrysalisinn.com](http://www.spaatthechrysalisinn.com)



# SPA POLICIES

## CHECK-IN

Please arrive 30–60 minutes early to enjoy the complimentary amenities before your service.

We're open daily from 8:30 a.m. to 8 p.m. (first check-in begins at 8:30 a.m.); please note the steam room closes at 7 p.m. Appointments begin promptly at the time scheduled. If you arrive late, the appointment will still end on time.

## ATTIRE

For your comfort, we provide robes and sandals for use during your visit. We recommend wearing loose, comfortable clothing, undressing the upper body for facials, and dressing down to your comfort level for massages or body treatments.

## CANCELLATION POLICY

Cancellations and changes for treatments are accepted up to 24 hours prior to any appointment without incurring a charge.

**No shows and appointments canceled or rescheduled within this time frame are subject to a 50% charge.**

## GROUP POLICY

We are happy to accommodate groups of up to 4. Please call us to schedule your visit.

## AGE GUIDELINES

Minors aged 16 to 18 can come to the Spa on their own with a parent's signed consent. Minors 13 to 15 can have a massage or facial with signed consent form and a parent on premises.

**Children under 13 should not be in the Spa for any reason.**

## VALUABLES

Lockers are provided, but we recommend you do not bring valuables into the Spa.

**Cell phones must be silenced in the spa.**

## HOURS OF OPERATION

Tuesday-Sunday.....8:30 AM to 8 PM

Steam Room available 8:30 AM to 7 PM

First Appointments start at 9 AM.

**Please note that we are closed on Mondays.**

We look forward to seeing you!

---

## SPA PACKAGES

**EMINENCE ORGANICS PACKAGE** **\$300**

60 minute Stone Crop Body Wrap

75 minute Eminence Organic

Facial with Hand Treatment

**CHRYSALIS GETAWAY PACKAGE** **\$400**

60 minute Swedish Massage

60 minute Serenity Sugar Scrub

60 minute Eminence Organic Facial

**COUPLES RETREAT PACKAGE** **\$550**

Couples 60 min Massages

30 min Private Relax Space

Couples 45 min Serenity Sugar Scrub

---

## GIFT CARDS

**Conveniently purchase e-gift cards online!**

Gift cards can be purchased online for any amount using the QR Code at the bottom of the page or you can purchase a physical gift card in person. Either can be used here at the spa, hotel, or our restaurant Keenan's at the Pier.



# MASSAGE

## CHRYSALIS SIGNATURE SWEDISH MASSAGE

This classic technique promotes relaxation, relieves tension and stress, improves circulation and soothes aching muscles. Our Practitioners adapt their diverse advanced techniques, using light to medium pressure, to cater to your needs. This full body massage includes aromatherapy and added touches exclusive to our signature massage.

60/90 MINUTES

\$135/\$180

## DEEP TISSUE MASSAGE

Designed to release tight, fatigued muscles and joints, this specialized massage focuses on detailed therapeutic muscle work by using stronger pressure on specific areas and working the deeper layers of muscle tissue. Includes a pain relief topical treatment to provide the most benefit during and after your massage.

60/90 MINUTES

\$150/\$195

## SOAK AND SWEDISH MASSAGE COMBO

After 20 minutes privately soaking in warm water infused with aromatherapy Dead Sea salts to soothe tension and ease aching muscles, your Therapist will return for a 60 or 90 minute Massage.

60 MINUTE MASSAGE & SOAK

\$200

90 MINUTE MASSAGE & SOAK

\$245

## HOT STONE MASSAGE

Enjoy your heated massage, with CoreStone technology. The cylindrical soapstones can be used with moderate pressure to pair with the properties of heat for an elevated relaxation experience.

60/90 MINUTES

\$150/\$195

## CBD MASSAGE

We use the Vital Body CBD Oil and Muscle & Joint Cream to boost the calming and pain relieving effects of your massage.

Deep Tissue add on available.

60/90 MINUTES

\$150/\$195

## TROPICAL OASIS MASSAGE & SCALP TREATMENT

Enjoy the healing properties of 100% Organic Coconut Oil in your full body massage and a luxurious heated oil hair & scalp treatment.

With many health benefits, coconut oil is used in traditional medicine around the world.

Massage is 75 minutes with an added 15 minute hair & scalp treatment.

90 MINUTES

\$200

### **PRENATAL MASSAGE**

Focusing on areas of stress – lower back, neck, hips, legs and feet, much needed relaxation and physical relief is given to nurture both mother and baby. Our body cushions support the mother and cradles the tummy, alleviating discomfort.

**60/90 MINUTES**

**\$150/\$195**

### **COUPLES MASSAGE**

Spend some relaxing time with your partner or a friend by booking our couples Swedish or Deep Tissue massage for 60-90 minutes.

**60/90 MINUTES**

**STARTING AT \$270/\$360**



## **SPECIALTY SERVICES**

The following services require advanced training and are performed by a select few Therapists.

**Must call to book.**

### **ASHIATSU BAREFOOT MASSAGE**

From the Japanese words “ashi” (foot), and “atsu” (pressure), this ultimate deep-massage therapy is performed with bare feet. As the Practitioner uses overhead bars for balance, their feet apply soothing strokes and deep pressure to offer relief to chronic pain and stress. This massage induces relaxation, releases sore and tight muscles and stimulates the circulatory system.

**60/90 MINUTES**

**\$150/\$195**

### **LOMI LOMI**

Enter the world of ancient sacred healing, the tradition of Hawaiian lomi lomi. To the healers of old Hawaii, lomi lomi was much more than massage. It nurtures and connects the body, mind and heart. Fluid motion, like the ocean waves, and graceful movements lead you into blissful tranquility providing deep relaxation.

**60/90 MINUTES**

**\$150/\$195**

## REFLEXOLOGY

Pressure point massage techniques that correspond to various areas of the body are applied to hands and feet in this popular alternative therapy. Each pressure point relates to another area of the body to encourage healing in this 5,000 year old therapeutic practice. Benefits include reduced stress, tension and pain.

**30 MINUTES (HANDS OR FEET)**

**\$105**

**60 MINUTES (HANDS & FEET)**

**\$150**

## ENHANCEMENTS TO MASSAGE

These enhancements may be incorporated into any massage to create a personalized experience and most do not require additional time.

### SOOTHING TOUCH

**\$15**

This locally made blend of Coconut Oil, Avocado oil, Shea Butter and other natural ingredients leaves your skin hydrated and soothed.

### BACK SCRUB

**\$25**

The back is an often overlooked area that can always use some special attention. Enjoy an invigorating exfoliation followed by a nourishing moisturizer.

### FOOT SCRUB

**\$15**

Your feet will be treated to a stimulating foot exfoliation followed by warm towels and a soothing lotion massage.

### HAND SCRUB

**\$15**

Treat your hard-working hands with a healing, softening sugar scrub and lotion massage. Features natural ingredients freshly blended in Bellingham.



### **NOURISHING SCALP MASSAGE ENHANCEMENT**

Enjoy a stimulating scalp massage while hydrating and restoring shine to your hair. Heated organic coconut oil is drizzled on your scalp and gently massaged in. Relax while your head is wrapped in soothing warm towels as massage eases tension in your shoulders, neck, and arms.

**ADDS 15 MINUTES**

**\$50**

### **DRY BRUSH TREATMENT**

Added to any massage or body treatment, dry brushing stimulates circulation and lymphatic flow.

**ADDS 15 MINUTES**

**\$50**



## **BODY TREATMENTS**

### **SERENITY SUGAR SCRUB**

This gentle full body exfoliation will leave your skin silky smooth. Followed by a hydrating and nourishing body butter application. Great prenatal treatment.

**45 MINUTES**

**\$135**

**60 MINUTES WITH MASSAGE**

**\$155**

### **SEA SALT GLOW**

Warm, scented oil and cool sea salts are used to exfoliate, creating the sensation of a cool rain shower cascading over your body. Luxurious heated towels and warm lotion leave your skin smooth and glowing. Add a 45 minute massage for the perfect finish to this amazing treatment.

**45 MINUTES**

**\$135**

**90 MINUTES WITH MASSAGE**

**\$210**

### **HEAD TO TOE REFRESH**

This combination Serenity Sugar Scrub and Express Facial performed by an expert Esthetician will leave you feeling silky smooth all over.

**75 MINUTES**

**\$180**

## STONE CROP BODY WRAP

Infused with the healing and hydrating power of the stone crop plant, this treatment exfoliates and hydrates your skin. This wrap begins with a gentle full-body exfoliation using the Stone Crop Body Scrub, followed by a rich, hydrating gel application. You'll be cocooned in soft sheets and blankets as the nourishing gel works its magic, while your therapist melts away tension with a soothing face and neck massage. After a refreshing rinse, the service concludes with an express, light touch massage using Stone Crop Body Oil, leaving your skin radiant, supple, and restored.

**60 MINUTES**

**\$155**



## FACIALS

All treatments are based on a careful analysis of your skin along with addressing personal needs and concerns. Your esthetician will recommend a highly effective and simple to use home care program to maintain the long lasting benefits of your facial.

### EMINENCE ORGANIC FACIAL

This customized, award winning facial contains the highest levels of organically grown herbs, fruits and flowers. Extremely concentrated and active, it offers dramatic results as these organic ingredients enhance the regenerative power of your skin. Products used change with the seasons to maximize the benefits of nature's bounty.

**60 MINUTES**

**\$150**

**WITH HAND TREATMENT 75 MINUTES**

**\$175**

### SKIN C FACIAL

This facial will infuse the skin with concentrated Vitamin C and antioxidants. SkinCeuticals Antioxidants strengthen skin's internal defense against environmental aggressors, allowing skin to self-repair for visible anti-aging correction. You will experience improved skin firmness, reduction in wrinkles, and a brightened complexion. These medical grade products are also designed to treat rosacea, acne, hyperpigmentation and other skin conditions.

**60 MINUTES**

**\$160**

### FACIAL PEEL TREATMENT

Includes double cleanse, manual exfoliation, peel application, and finishing products. Customized for skin type.

**30 MINUTES**

**\$100**



### OXYGEN REJUVENATION TREATMENT

This skin quenching treatment provides the ultimate in intense hydration. Perfect for all skin types, the Rejuvenate Serum contains vitamins and antioxidants that dramatically lift, tone and hydrate the skin. Results are not only instant but continue to improve in the following days.

**60 MINUTES**

**\$180**

**75 MINUTES WITH LED**

**\$250**

**OXYGEN BOOSTER**

**\$20**

**ATOXELENE ADD-ON - ADDS 15 MINUTES**

**\$75**



### **LIGHTSTIM LED FACIAL**

The new, state of the art Lightstim LED panels radiate UV-free, beneficial light rays that energize cells and stimulate the body's natural process to build new proteins and regenerate cells similar to how plants benefit from sunlight. Results include increased collagen, smoothing out lines and wrinkles, minimizing hyperpigmentation and controlling acne. Cumulative results include an overall rejuvenation of the skin with increased ability to repair and rebuild healthy skin cells.

**FACIAL WITH LED THERAPY**                      **60 MINUTES \$200**

**ALA CARTE LED TREATMENT**                      **30 MINUTES \$110**

### **GLO 2 FACIAL**

This 3 step facial will nourish and transform your skin from the inside out and address most skincare concerns, giving your skin an instant radiant and revitalized glow. 'Oxfoliation' deeply exfoliates your skin while simultaneously oxygenating your skin cells. The warming ultrasound delivers intense moisture, smooths your skin, and increases your skincare absorption for days to come. Lastly, lymphatic massage infuses active ingredients deep within the skin. Enjoy the standard 30 minute service, or upgrade to the 60 minute service for a more extensive personalized experience.

**30/60 MINUTES**    **\$185/\$255**

### **TEEN FACIAL**

Specifically created to address the changing skin conditions and skin care needs of teens. We provide skin care advice in a step by step customized regimen including how the skin works and why each step is essential in their daily routine. Learn how to effectively cleanse, exfoliate, moisturize, address acne and the importance of sun care. Specific skin concerns are addressed during the facial.

**45 MINUTES**    **\$125**

### **BACK FACIAL**

Benefit from the same advanced skin care that leaves your face aglow. This treatment addresses tough to reach areas, targeting a variety of skin care needs such as clogged pores, back acne and dehydrated skin.

**45 MINUTES**    **\$125**

### **EXPRESS FACIAL**

This quick, effective facial includes an exfoliating cleanse, tone, masque, moisturizer and face massage. Excludes extractions. The Express Facial is perfect for basic skin care maintenance of healthy skin.

**30 MINUTES**

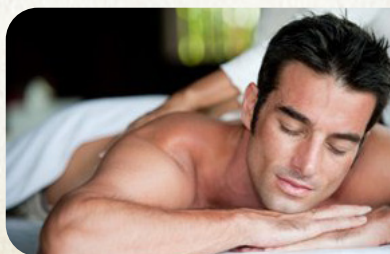
**\$100**

### **DERMAFLASH FACIAL**

Experience the ultimate rejuvenation with our Derma Flash Facial. This advanced treatment gently exfoliates and removes peach fuzz, revealing smoother, more radiant skin. Perfect for achieving a flawless complexion, the Derma Flash Facial leaves you with an instant glow and helps your skincare products penetrate deeper for maximum effectiveness.

**30 MINUTES**

**\$100**



## **ADD ON TREATMENTS FOR FACIALS**

### **ATOXELENE TREATMENT**

Using our Intraceuticals Oxygen system, this targeted treatment is the perfect non-surgical alternative to more invasive procedures. Added on to any Facial, this treatment's natural amino acids instantly firm, lift and plump your skin for a dramatically reduced appearance of fine lines and wrinkles.

**ADDS 15 MINUTES**

**\$75**

### **NOURISHING SCALP MASSAGE**

Enjoy a stimulating scalp massage while hydrating and restoring shine to your hair. Heated organic coconut oil is drizzled on your scalp and gently massaged in. Relax while your head is wrapped in soothing warm towels as massage eases tension in your shoulders, neck and arms.

**ADDS 15 MINUTES**

**\$50**

## FACIAL ENHANCEMENTS

These enhancements may be incorporated into any facial to create a personalized experience and do not require additional time.

### **DERMAFLASH ADD ON TO ANY FACIAL**

This safe alternative to dermaplaning uses sonic technology to remove dead skin and peach fuzz for deeper product penetration and a smooth, healthy glow.

<b>DERMAFLASH</b>	<b>\$30</b>
<b>DERMAFLASH AND PEEL</b>	<b>\$55</b>

### **SKIN C PEEL** **\$30**

Cleanse and prep followed by our SkinC medical grade 30% exfoliating peel added to any Facial.

### **EMINENCE ARTIC BERRY PEEL TREATMENT** **\$30**

Deeply exfoliates, refines, and evens skin tone. Contains very strong antioxidant and age-defying benefits which help to reduce the appearance of inflammation and redness.

### **SKIN C BIOCELLULOSE RESTORATIVE MASK** **\$25**

Great for post procedure and intense hydration, this soothing masque creates a hydrophilic protective barrier to alleviate discomfort and provide immediate relief to compromised skin.

### **REJUVENATING EYE TREATMENT** **\$15**

A refreshing eye treatment that gently but effectively treats your delicate eye area's fine lines, dark circles, and puffiness while hydrating and restoring elasticity.

### **ULTIMATE LIP TREATMENT** **\$15**

Exfoliates and plumps your lip area, eliminating dryness and reducing the appearance of fine lines leaving you with a smooth, satiny finish.

### **MOISTURE SEAL TREATMENT FOR HANDS AND FEET**

A warm, nourishing treatment made with 100% plant-based emollients and pure essential oils. This treatment promotes circulation and relaxation and leaves skin softer and intensely hydrated.

<b>HANDS</b>	<b>\$15</b>
<b>FEET</b>	<b>\$15</b>

## WAXING SERVICES

We care about your health and safety and want all aspects of your spa experience to be positive and relaxing. Some medications and products, such as Accutane, Retin A/tretinoin products, peels and other strong exfoliants, and antibiotics can cause skin thinning or sensitivity. Please inform us if you have used any preparation designed to peel/exfoliate the skin or treat acne within the last six months.

To perform a waxing service, hair length should be 1/4" or 3-4 weeks of hair growth. We also recommend that you wait 2-3 days before and 24 hours after waxing before sunbathing, tanning or swimming. **Waxing is best performed 3-5 days before a special occasion or vacation.**

<b>BROW WAX &amp; SHAPING</b>	<b>\$35</b>
<b>BROW TINTING</b>	<b>\$40</b>
<b>BROW WAX &amp; TINT</b>	<b>\$65</b>
<b>UPPER LIP</b>	<b>\$25</b>
<b>CHIN</b>	<b>\$25</b>
<b>EARS</b>	<b>\$25</b>
<b>JAW LINE</b>	<b>\$25</b>
<b>FULL FACE (INCLUDES BROW)</b>	<b>\$85</b>
<b>UNDERARM</b>	<b>\$40</b>
<b>FULL ARM</b>	<b>\$55</b>
<b>FOREARM</b>	<b>\$40</b>
<b>BACK &amp; SHOULDERS</b>	<b>\$90</b>
<b>CHEST</b>	<b>\$60</b>
<b>CHEST &amp; ABDOMEN</b>	<b>\$100</b>
<b>BIKINI</b>	<b>\$65</b>
<b>BRAZILIAN</b>	<b>\$90</b>
<b>BRAZILIAN UPKEEP</b>	<b>\$70</b>
<b>HALF LEG</b>	<b>\$55</b>
<b>FULL LEG</b>	<b>\$95</b>
<b>FULL LEG AND BIKINI</b>	<b>\$130</b>

# SPA EXPRESS TREATMENTS

## SWEDISH MASSAGE

This classic technique promotes relaxation, releases tension and stress, improves circulation and soothes aching muscles.

For the most benefit in this shorter time frame, let your Practitioner know which areas of the body to focus on.

**30 MINUTES** **\$90**  
**DEEP TISSUE UPGRADE** **\$15**

## NECK, BACK & SHOULDER MASSAGE

This massage is designed to quickly relieve sore and tight muscles in the upper body. Includes a pain relief topical treatment to provide the most benefit during and after your massage.

**30 MINUTES** **\$90**

## EXPRESS FACIAL

This quick, effective facial includes an exfoliating cleanse, tone, masque and moisturizer. Excludes extractions. The Express Facial is perfect for basic skin care maintenance of healthy skin.

**30 MINUTES** **\$100**

## SKIN C PEEL

Cleanse and prep followed by our SkinC medical grade 30% peel to be customized for your skin type.

**30 MINUTES** **\$100**

## NOURISHING SCALP MASSAGE

Enjoy a stimulating scalp massage while hydrating and restoring shine to your hair. Heated organic coconut oil is drizzled on your scalp and gently massaged in. Relax while your head is wrapped in soothing warm towels as massage eases tension in your shoulders, neck, and arms.

**30 MINUTES** **\$100**







---

804 10th St Bellingham, WA 98225

360.392.5515

*- Prices as of February 2026 -*

[www.spaatthechrysalisinn.com](http://www.spaatthechrysalisinn.com)